

Your opportunity to experience the unique

School visits with Claire Lomas

Inspiring the next generation

The 'lesson' that will remain with your pupils for life



The inspirational story of the lady who just won't give up - **Sir Richard Branson**

Claire is a distillation of all that we should find motivational - intensely driven, positive and an achiever despite the horrendous times which she has had to endure - **Sir Matthew Pinsent**

Claire has to be the most incredible person I have ever met. She simply lights up a room. To think of the difficulties she has had to overcome is mind blowing. She is an absolute inspiration to us all.

- **Melanie C**

Claire is a force of nature. Give her a challenge that seems impossible and she will smash it to bits. She knows no limits, sets no boundaries and never takes 'no' for an answer. Unless you ask her 'have you finished?' in which case, 'no' is the answer because she is never finished. - **Clare Balding**

Claire Lomas has given talks at many schools throughout the UK. She will speak to the pupils about her devastating, life-changing accident which left her paralysed, and how she has managed to rebuild her life.

The children will be inspired and leave with some strong messages.

● **BELIEVE** ● **PERSEVERE** ● **DREAM**

“Never Give Up”

**nsif**
Nicholls
Spinal Injury
Foundation

about Claire ...

- In 2007 Claire was paralysed from the chest down in a horse riding accident.
- Claire had a little girl in 2011, set up a business and learnt to ski.
- Claire walked the London Marathon in 2012 taking 17 days. She used a pioneering robotic suit and raised a staggering £210,000 for charity.
- Claire also had the honour of lighting the paralympic cauldren in Trafalgar Square.



- In 2013 Claire completed a 400 mile cycle challenge incorporating school visits which raised a further £85,000.
- Ongoing fundraising has taken Claire's total to over £400,000 to help cure paralysis.
- In 2014 the research Claire is helping to fund had a remarkable breakthrough, and spinal cord has been regenerated. A paralysed man is walking again.

Claire's school visits

- Claire adapts her presentation depending on the age group.
- She teaches some of life's most important messages.
- She demonstrates her robotic suit - pioneering technology, with only 6 suits in the UK.
- She will explain the ground breaking research to the older pupils.
- Pupils and staff are left feeling motivated and inspired.

Your school is asked to support **The Nicholls Spinal Injury Foundation**.
Previous schools Claire have enjoyed raising money by:

- **Non uniform days**
- **Fun runs**
- **Zumba day**
- **Cake sales**
- **Concerts**
- ... and more



The money raised will help **NSIF** fund more clinical trials and make the dream of a cure for paralysis another step closer.



If you would like Claire to consider your school and you can raise a minimum of £500 for the
Nicholls Spinal Injury Foundation
then please complete the form enclosed and return to the address at the bottom of the page or email to claireschallenge@mail.com



Every school Claire has visited have given exceptional feedback and many have requested another visit for new pupils. Also messages have been sent by the older students with the comments 'you have inspired me to do more with my life' and 'you have changed the way I think' which is why Claire has decided to continue her school visits.

"Claire speaks from the heart, showing passion and humour about her life and the challenges she faces on a daily basis." **Brockington College**

"You were a great example to our boys, and certainly inspired them. Thank you for taking the time to visit us." **Eton College**

"This is just to say thank you again for coming in to talk to the girls this morning. Both staff and pupils have come up to me throughout the day to say how much they were moved and inspired by hearing you talk about your experiences. I chatted to a few girls at lunchtime who told me you were the best speaker they had ever listened to, so I'd say that was a success!" **Headington School**

www.clareschallenge.co.uk

Claire's Challenge, Sunnyside, Eye Kettleby, Melton Mowbray, Leics. LE14 2TD